

ADHD Appointment Process and Prescribing Pathways at Samy Medical Practice and in collaboration with Trinity Mental Health Clinic

Please see below the current appointment processes for ADHD assessments and ongoing medication management within our practice. Please note that our ADHD services are **for adults (16 years and older)**. Unfortunately, at this time we do not have the capacity to provide paediatric ADHD assessments under 16 years.

Age Requirement: 16+ years. No Paediatric assessments are currently available at this clinic. Expressions of interest of patients below this age requirement are not being taken at this time.

Trinity Mental Health is a bulk billing practice. To be considered for this ADHD bulk billing program, all NEW and EXISTING patients **must sign up for MyMedicare with Trinity Mental Health / Samy Medical Practice as their primary practice**. This means **you are transferring your primary GP care to our practice**, so our team can coordinate your healthcare more effectively and holistically.

Samy Medical Practice/ Trinity Mental Health Clinic is a bulk billing practice. In order to be considered for this ADHD bulk billing program, all NEW and EXISTING patients **must sign up for MyMedicare (<https://www.health.gov.au/our-work/mymedicare/patients>) with Samy Medical Practice/Trinity Mental Health Clinic**. By doing so, we have access to additional Government funded-support for your care which will include care plans, health assessments and other health checks. This is important so that we can continue to bulk-bill your ADHD appointments and assessments. By signing for MyMedicare, you will also be entitled for ongoing access to telehealth appointments without the requirement for an annual in-person visit. Please read the following categories and click on this link to book your appointment for [Rockingham Branch](#) and [Canning Vale Branch](#). If you cannot find an available appointment slot, try checking other dates. **If you cannot come in, please call the practice 2 hours before your appointment time to reschedule your appointment. Failure to do so will result in SMP not being able to honor any future appointments.**

1. Existing Regular Patients Seeking Assessment and Diagnosis

For regular patients of Samy Medical Practice (Patient who have signed up for MyMedicare) who do not yet have a formal diagnosis:

- The patients will attend between 3 to 4 bulk-billed initial assessment consultations or at the discretion of the GP at the practice.
 - Following this initial assessment phase, the GP will facilitate a referral to a specialized ADHD GP/ psychologist / psychiatrist at the practice for formal diagnosis and/or prescribing. This will also be bulk-billed.
- To book an appointment: [Rockingham Branch](#) or [Canning Vale Branch](#)

2. Existing Patients with a Current Diagnosis

For regular patients of Samy Medical Practice who have already been diagnosed with ADHD:

- Please sign up for MyMedicare and complete the [MyMedicare Form](#) and you will continue to be seen by a GP at Samy Medical Practice to manage and prescribe the necessary medications.
 - These consultations will be bulk-billed.
 - Please note that a co-prescriber form is not required for this process.
- To book an appointment: [Rockingham Branch](#) or [Canning Vale Branch](#)

3. New Patients Seeking Assessment and Diagnosis

We are currently accepting new patients who wish to be assessed for ADHD:

- In order to be considered for this bulk billing ADHD program, please register as a new patient of Samy Medical Practice in collaboration with Trinity Mental Health Clinic. Kindly, complete the attached forms and send it back to us **2 weeks before your first appointment**. **Please be advised that any delay in receiving all these forms will affect your ADHD appointments.**
- [New Patient Consent](#).
- [MyMedicare Form](#).

To book an appointment: [Rockingham Branch](#) or [Canning Vale Branch](#)

- New patients will follow the same clinical pathway as our existing patients as indicated on number 1 above.

4. New Patients with a Prior Diagnosis

For individuals who are not currently registered with Samy Medical Practice and who hold an ADHD diagnosis:

- Currently, we apologize as do not have the capacity at Samy Medical Practice to accommodate your needs. We recommend that you return to your current GP for your ongoing management and advice.

5. Referral from other GPs and Organizations

- Unfortunately, we are unable to take on the management of patients who fall in this category.